Are your medicines w⟳rking for you?

NHS

For some medical conditions, tracking your symptoms can help you and your healthcare professional find out if your medicines are working for you.

Write down when you experience:

	MON	TUES	WED	THURS	FRI	SAT	SUN
WEEK 1	0 10	0 10	0 10	0 10	0 10	0 10	0 10
WEEK 2	0 10	0 10	0 10	0 10	0 10	0 10	0 10
WEEK 3	0 10	0 10	0 10	0 10	0 10	0 10	0 10
WEEK 4	0 10	0 10	0 10	0 10	0 10	0 10	0 10

This symptom tracker will be reviewed by you and your healthcare professional during your appointment on: